



**2180 Hammonds Plains Road
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Email: hpcs@hrsbn.ca**

*Lynn Corkum, Principal
David Madgett, Vice Principal*

*Jennifer Kennedy, Secretary
Trudy Brow, Secretary*

April News 2018



Important Dates:

April 10	SAC 6:00pm / PTA 7:00pm
April 19	Parent Teacher 1-3 & 6-8pm
May 8	Primary Orientation
May 19	In-service - No school for students

Parent Teacher Interviews – April 19 1-3pm and 6-8pm

Information regarding OPTIS will be sent home in a separate letter to outline the procedure for setting up parent teacher interviews.

EXCEL REGISTRATION INFORMATION FOR 2018-2019:

Families who are interested in registering their children in EXCEL's recreation program for the 2018/2019 school year are encouraged to mark the following important dates on your calendars:

- **Monday, April 23rd** - Beginning at 8:00 am current participants of the 2017/2018 EXCEL program may submit an application for the coming school year via the online application system or in-person at the EXCEL office at 25 Alfred Street, Dartmouth. On April 16th Account Holders of current participants will receive an email containing their user name and password providing

them exclusive access to the online application system. Current participant families that have additional siblings that will be registering for the first time with EXCEL are eligible to register all children in their family during this early registration period.

- **Monday, April 30th** - General Registration begins for all EXCEL Before and/or After school programs at 8:00 am on April 30th. Applications may be submitted via the online system or in-person at the EXCEL office at 25 Alfred Street, Dartmouth. Individuals paying by Pre-Authorized Payment, MasterCard or Visa ONLY may register on-line. Go to <https://secure.hrsb.ns.ca/excel> to access.

We encourage parents to submit their applications in a timely manner to ensure the greatest opportunity for entry into the program as demand often exceeds capacity. Applications will be accepted on a first-received, first-accepted basis. (Priority is not given to Before & After participants over After only.) Full-time participation (5 days/week) is required. Please see the EXCEL pages on the HRSB website for more information regarding registration procedures, program fees and the program structure.

HPCS Breakfast Program

This week Hammonds Plains Consolidated is starting a daily breakfast program to ensure that all students have an opportunity to start their day with a healthy breakfast. The breakfast program is available to all students who wish to participate.

- Breakfast improves nutritional status and supports healthy living, by providing approximately 25 percent of daily nutrition needs.
- Studies clearly indicate that a healthy breakfast positively affects student performance.
- Well-nourished students are ready to learn.
- They have more energy and are less distracted by hunger.

Children and youth spend a large part of their day in school, making schools an important environment to reinforce the connections among nutrition, health and education. The availability of school breakfast programs increase the probability that students will eat breakfast and, in turn, improve their learning.

The Provincial Government has provided partial funding to support breakfast programs; however, we are looking to establish and maintain partnerships within the school and wider community to ensure program and financial sustainability. We would appreciate your consideration in contributing to the breakfast program in one of the following ways:

- Volunteering to help prepare and serve food
- Donating money, it costs approximately \$1 per day to feed a child breakfast and Tax receipts can be provided for donations of \$20 or more
- Donating food products (**A LIST OF SPECIFIC FOOD PRODUCTS WILL BE SENT HOME SOON**)

- Providing us with a business and/or community contact that could help with volunteer time, in-kind donations or financial assistance

Thank you for considering this request. We look forward to hearing from you.

Sincerely,

BREAKFAST PROGRAM

Mrs. McNamara

Mm. Braid-Callaway

Mrs. Webb

Mrs. Anger